

HiMama Helps Webinar

Team Building Using The Enneagram Framework



Your Hosts



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Disclaimer

*This content **is not** personalized legal advice for your center. The goal is to have a conversation around the topic to inspire and give you ideas that you can implement at your centers.*

*Each State and Province has different licensing rules and regulations. **Please consult with your own legal and financial advisors before implementing something that you are not 100% sure about at your center.***

Topics Covered



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speaks

- What is the Enneagram framework?
- What are the strengths and weaknesses of the different types in this framework?
- Enneagram test to find out how you work!
- How to use this framework to build better relationships within your team?



Our Special Guests



Beth Cannon

Child Care Team Building Expert

- International speaker, educator and entrepreneur
- Passionate about empowering early education leaders and building up teams
- Educate and equip educators with tools to build better connections & relationships
- Beth is a 3 wing 2 based on the Enneagram!

ENNEAGRAM SERIES:

HOW IS YOUR
PERSONALITY
PROCESSING THE
PANDEMIC?



WHAT IS ENNEAGRAM

The Enneagram

(ennea = 9, gram = diagram)

is a map for personal growth that identifies the 9 basic ways of relating to and perceiving the world.

It accurately describes why you **think, feel and behave** in particular ways based upon your **Core Motivations**.

Understanding the Enneagram has the power to give you more **self-awareness, forgiveness, and compassion** for yourself and others.



Source: YourEnneagramCoach.com



MORAL PERFECTIONIST

The Rational, Idealistic Type: Principled, Purposeful, Self-Controlled, and Perfectionistic



SUPER LOVE being right, accurate + virtuous.



Being wrong, bad, evil, inappropriate, unredeemable, or corruptible.



Resentment: Repressing anger that leads to continual frustration and dissatisfaction with yourself, others, and the world for not being perfect.



You are good.



Stars: Steve Jobs | Rudy Giuliani | Michelle Obama

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speaks

2

THE HELPER

The Caring, Interpersonal Type: Demonstrative, Generous, People-Pleasing, and Possessive



Being appreciated, loved, needed and wanted.



Being rejected and unwanted, worthless, needy, inconsequential, dispensable, or unworthy of love.



Pride: Denying your own needs while using your strong intuition to discover and focus on others, confidently inserting your helpful support in hopes that others will say how grateful they are for your thoughtful care.



You are wanted and loved.

Stars:

Mother Teresa | Dolly Parton | Mr. Rogers



THE ACHIEVER

3

The Success-Oriented, Pragmatic Type: Adaptive, Excelling, Driven, and Image-Conscious



Feeling worthwhile, productive, admired, successful, and valuable.



Being exposed as or thought incompetent, inefficient, or worthless; failing to be or appear successful.



Deceit: Deceiving yourself into believing that you are only the image you present to others; putting on a polished persona for everyone (including yourself) to see and admire.



You are loved for simply being you

Stars:

Oprah | Beyonce | Michael Jordan



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4

THE CREATIVE

The Sensitive, Withdrawn Type: Expressive, Dramatic, Self-Absorbed, Temperamental



Being unique, special, and authentic.



Being inadequate, emotionally cut off, plain, mundane, defective, flawed, or insignificant.



Envy: Feeling that you're tragically flawed, that something foundational is missing inside you, and others possess qualities you lack.



You are seen and loved for exactly who you are
—special and unique.

Stars:

Michael Jackson | Prince | Meryl Streep



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5

THE INVESTIGATOR

The Intense, Cerebral Type: Perceptive, Innovative, Secretive, and Isolated



Being capable and competent.



Being thought incapable or ignorant; having obligations placed upon you or your energy being completely depleted.



Materialism: Feeling you lack inner resources and too much interaction with others will lead to catastrophic depletion; withholding yourself from contact with the world; holding onto your resources and minimizing your needs.



Your needs aren't a problem.



Stars:

Bill Gates | Diane Sawyer | Mark Zuckerberg

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THE LOYALIST

The Committed, Security-Oriented Type: Engaging, Responsible, Anxious, and Suspicious



Having security, guidance, and support.



Fearing fear itself, being without support, security, or guidance; being blamed, targeted, alone, or physically abandoned.



Anxiety: Scanning the horizon of life and trying to predict and prevent negative outcomes (especially worst-case scenarios); remaining in a constant state of apprehension and worry.



You are safe and secure.

Stars:

Princess Diana | Tom Hanks | Joe Biden



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7

THE ENTHUSIAST

The Busy, Fun-Loving Type: Spontaneous, Versatile, Distractible, and Scattered



Being happy, fully satisfied, and content.



Being deprived, trapped in emotional pain, limited, or bored;
missing out on something fun.



Gluttony: Feeling a great emptiness inside and having an insatiable desire to “fill yourself up” with experiences and stimulation in hopes of feeling completely satisfied and content.



You will be taken care of.

Stars: John F. Kennedy | Eddie Murphy | Robin Williams



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THE CHALLENGER

The Powerful, Dominating Type: Self-Confident, Decisive, Willful, and Confrontational



Protecting yourself and those in your inner circle.



Being weak, powerless, harmed, controlled, vulnerable, manipulated, and left at the mercy of injustice.



Need for Power: Constantly desiring intensity, control, and power; pushing yourself willfully on life and people in order to get what you desire.



You will not be betrayed



Stars:

Donald Trump | Mark Cuban | Roseanne Barr



THE PEACEMAKER

The Easygoing, Self-Effacing Type: Receptive, Reassuring, Agreeable, and Complacent



Having inner stability and peace of mind.

Being in conflict, tension, or discord; feeling shut out and overlooked; losing connection and relationship with others.



Laziness: Remaining in an unrealistic and idealistic world in order to keep the peace, remain easygoing, and not be disturbed by your anger; falling asleep to your passions, abilities, desires, needs, and worth by merging with others to keep peace and harmony.



Your presence matters.



Stars:

Dalai Lama | Bill Clinton | Marie Kondo

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The Perfectonist

1

You Slay when...

banging out processes + finding new systems to keep people healthy + safe.

You Pray when...

feeling judgmental + resentful with the "wrong" way others are processing uncertainty.

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COACH

Your Enneagram
Pandemic Personality

The Helper 2

You Slay when...

helping others in your community -
whether buying toilet paper or making
masks to keep people safe.

You Pray when...

social distancing is creating conflict +
anxiety because you are missing the
connection you need.

Beth CANNON
COACH

Your Enneagram
Pandemic Personality

The Achiever

3

You Slay when...

obsessing about how your pivot is going
to make the world a better place.

You Pray when...

workaholism consumes you in an
effort to avoid potential failures.

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Your Enneagram
Pandemic Personality

The Creative

4

You Slay when...

empathizing with others to help
them process their pain

You Pray when...

your feelings of overwhelm begin to
consume you.

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speaks

Your Enneagram
Pandemic Personality

The Investigator

5

You Slay when...

learning + sharing knowledge +
information with others.

You Pray when...

your pursuit of knowledge creates an
unhealthy cycle of a need to know
what is really happening.

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Your Enneagram
Pandemic Personality

The Loyalist

6

You Slay when...

your already "preparedness" can help
your community + think of how we can
all best navigate uncertainty.

You Pray when...

underlying fear cripples you and you
feel anxiety in nearly every situation.

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Your Enneagram
Pandemic Personality



The Enthusiast

7

You Slay when...

your contagious joy spills over + helps
others see positive possibilities for the future.

You Pray when...

you feel clamped + isolated, possibly
making light of others anxiety
through being overly optimistic.

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Your Enneagram
Pandemic Personality

The Challenger

8

You Slay when...

your leadership can be used to activate
others to seek justice + speak for
those not being heard.

You Pray when...

being impatient with others lack of action
causes you to be angry or resentful.

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Your Enneagram
Pandemic Personality

The Peacemaker

9

You Slay when...

bringing unity to your community by helping your people understand each other.

You Pray when...

you begin numbing out + disengaging to avoid dealing with the new challenges of life.



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Your Enneagram
Pandemic Personality

Open Audience Questions

Shout-outs!



Connect with Beth!



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- Beth runs live and virtual trainings for ECE professionals and you can find her content on her website, <https://bethcannonspeaks.com/>
- She has also created a FREE leader's summit for ECE professionals happening July 27-30! You can check it out here: <https://leaderslounge.solutions/>



Certificate Instructions

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2. That email will include a link to the certificate for today’s session that you can download.
3. **You will need to fill in your name and center name information.** You can do this using a PDF form filler or print a copy and fill it out manually.
4. That’s it, you’re done!
5. If you miss it today, watch out for the Show Notes email tomorrow - we will be sending it out there as well.



What's Next?

- **Show Notes & Recording** - You will receive an email linking to resources and this recording tomorrow!
- Our next session will be ***Reopening procedures***, happening **next week** at the same place and same time - ***Thursday July 16th at 2pm EST***



1:1 Q&A On Slack

- We would love to continue questions for the Q and A session on our **ECE Professionals Slack Group**
- We're sharing **the invitation link in the chat** so join us if you have some time and want to connect further!
- It's a great place to get support, answer your questions, connect with attendees and hosts and lift each other up!



**We are all in this
together,
stay Healthy and
safe!**

**Thanks for spending
your time with us!**